

Community Resources

Please call prior to visiting any agency to ensure they are still operating.

Agency	Address	Phone	Services	Hours
Food				
St. Mary's Food Bank	2831 N 31st Ave	602-242-3663	Emergency food boxes, proof of address required.	8AM-4PM
ICM (Interfaith Cooperative Ministries)	501 S 9th Ave	602-254-7450	Food boxes, walk-ins welcome. No referral needed, proof of address needed. Clothing, baby formula and diaper provided.	M-Sat. 9AM-11AM
St. Vincent de Paul Family Dining	420 W Watkins Rd	602-266-4673	Family style dining. WEEKNIGHTS only.	M-F 4:45PM-6PM
Phoenix Rescue Mission	1801 S 35th Ave	602-233-3000	Soup kitchen, walk-ins welcome. No referral required. Breakfast, lunch and dinner provided.	M-F 6:30AM-8AM
Phoenix Union High Schools	All PHX union School SITES		Breakfast and Lunch Individuals for individuals 18 yrs and younger	M-F 8AM-9AM and 11AM-12PM
Garfield Elementary School	811 N 13th Street	https://phxschools.org/garfield/	Grab and go breakfast and lunches for anyone 18 yrs and younger.	M-F 10AM-1PM
Magnet Traditional School	2602 N 23rd Ave	https://phxschools.org/magnet/	Grab and go breakfast and lunches for anyone 18 yrs and younger.	M-F 10AM-1PM
Dunbar Elementary School	707 W Grant Street	https://phxschools.org/dunbar/		
Food Banks of AZ		http://www.azfoodbanks.org/index.php/foodbank/index/	Find a food bank near you.	
The Salvation Army Phoenix Kroc Center	1375 E Broadway Rd	602-425-5000 http://krocphoenix.org/	Breakfast, lunches, food boxes, and other basic necessary resources for kids, seniors, and adults in South Mountain area. ID required.	M-F 9AM-5PM
Double Up Arizona		https://www.doubleupaz.org/blog/2020/3/12/covid-19	Double up bucks for SNAP.	
Shelter				
Family Housing Hub/UMOM	3333 E Van Buren	602-595-8700	Coordinated entry into shelter services for families with members under 18 yrs of age.	Call for appointment
Domestic Violence Shelter		844-SAFEDVS	Anyone experiencing domestic violence can call this line for shelter and support.	24 hours a day
Salvation Army	2707 E Van Buren	602-267-4122	Food boxes, walk-ins welcome. No referral needed, proof of address needed. Utility assistance, shelter, referrals.	M-F 8AM-12PM
Activities/Mentoring				
Aim Right Ministries	1013 N 13th Street	602-462-1987	Helping youth find direction in life.	https://aimright.org/
New Pathways for Youth	901 E Jefferson	602-258-1012	1 to 1 mentoring with a community connection.	https://npfy.org/
Resource Centers				
John F. Long Service Center	3454 N 51st Ave	602-534-AIDE	Multipurpose center: Rent/Mortgage Assistance, utility assistance. Call Monday at 8AM for Appointments.	M-F 7:30AM-5PM
Sunnyslope Service Center	914 W Hatcher	602-534-AIDE	1 central appointment line for all centers.	M-F 7:30AM-5PM
Travis L. Willims Service Center	4732 S Central Ave	602-534-AIDE		M-F 7:30AM-5PM
Pilgrim Rest Baptist Church	1401 E Jefferson	602-258-0831	Our objective is to utilize "the whole village" to assist individuals and families in "learning how to fish..."	https://pilgrimrestphx.org/pr_family1.html
Counseling/Crisis Support				
Terros Crisis Response		602-222-9444	No cost services for: self-harm, traumatic experiences, recent loss, suicidal thoughts, increased depression and anxiety	24 hours a day
211	www.211arizona.org	From any phone 211	Program of the Crisis Response Network and provides 24 hr, 7 day a week. Info on nearly any service needed.	24 hours a day
Teen Life Line		602-248-8336	Peer counseling and suicide hotline.	24 hours a day
Social Emotional Resources/Articles for Parents and Children				
Parenting During COVID			https://www.psychologytoday.com/us/blog/melanie-house-calls/202009/parenting-during-covid-19	
Remote Teaching Guidance			guidance-phase-1.pdf?mkt_tok=eyJpIjoiTldabVlXVhaRFJrTWpOayIsInQlOiIxWURZS1FBM1wvbVRYZnN4U2IjNIiOeWtzK3ZHmndPRm1HM2ZFU0xSSDVcL0Q3UjR1bzRb1I0N3RGOXNzcURISEZyN3dVRRmNwZktNa1BhekViQ2F0b1A4bDBudVZ0YmYvdzlrQjpwWbGNIUk9HYmhm1Z1ZkZmN4aXBpOFpneINJMFhUln0%3D	
Believe In You (Videos)			https://www.varsitybrands.com/believe-in-you	
100 Coping Skills			https://www.thepathway2success.com/free-social-emotional-learning-resources/	
Talking to Children about COVID			https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/talking-to-children-about-covid-19-(coronavirus)-a-parent-resource	
Tips for Caregivers During an Outbreak			https://store.samhsa.gov/system/files/pep20-01-01-006_508_0.pdf	
Heart Smart Learning			https://www.heartmath.org/education/e-learning/heartsmarts-adventure/100k-coherent-kids-initiative/	Free online Social Emotional Curriculum
Second Step	Activation Code:	SSPEFAMILY68	https://www.secondstep.org/	Free online Social Emotional Resources